

# Stented Porcine and Pericardial Bioprostheses - A historical review

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## Article Info

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## Abstract

Stented bioprostheses have been extensively used clinically to replace diseased cardiac valves with the clear advantage over mechanical prostheses of avoiding the use of chronic anticoagulation in most cases. During the past five decades, however, based on clinical and pathological experience, tissue calcification and cusp tears were identified as the main determinants of failure of porcine and pericardial bioprostheses, respectively. Tissue treatments to mitigate dystrophic calcification together with structural modifications in valve design have produced a current generation of bioprosthetic valves which show excellent overall performance and considerably increased durability when compared with old models. Further ongoing research aims to provide even more durable bioprostheses in order to allow reduction of the age threshold for implantation also in younger subjects, helping to contrast effectively the rapidly expanding role of catheter-based interventions.

## Introduction

The history of cardiac prosthetic valves started in 1952 when Hufnagel implanted a ball-valve made of methyl methacrylate, into the descending aorta in a patient with aortic valve disease<sup>1</sup>. Unavailability of cardiopulmonary bypass dictated this unusual application which, however, had almost no benefits for patients with aortic valve disease<sup>2</sup>.

Prosthetic cardiac valve replacement started later when Harken performed the first aortic valve replacement (AVR) in March 1960 with implanting in subcoronary position a caged-ball prosthesis in a patient with aortic stenosis<sup>3</sup>. Albert Starr is credited for the first mitral valve replacement (MVR) with a caged-ball prosthesis performed in 1960<sup>4</sup>, but apparently at that time Nina Braunwald had already successfully replaced an incompetent mitral valve using a prosthesis made of polyurethane<sup>5</sup>.

Availability of mechanical prostheses represented a milestone in cardiac surgery, since for patients with either mitral or aortic valve disease the only possible option was represented by closed commissurotomy for mitral stenosis or implantation of rudimentary prostheses into the descending aorta with rather unpredictable results<sup>1,6</sup>. In the ensuing years, however, it was evident that mechanical prostheses were associated with a high risk of thromboembolic and hemorrhagic complications due to life-long anticoagulation<sup>7,8</sup>. Prosthetic valves made of biological tissues, avoiding anticoagulant treatment, were thus considered the best alternative. Initially, bioprostheses were obtained with segments of fascia lata<sup>9</sup> or dura mater<sup>10</sup>, but they did not resist to early structural valve deterioration (SVD).

Binet et al. in 1965<sup>11</sup> were the first to implant a xenograft in aortic position. Inflammatory reaction and cellular ingrowth caused failures of such implants indicating the need for a stent and improved tissue treatment modalities<sup>12</sup>. Glutaraldehyde solutions were extremely effective in eliminating antigenicity and increasing stability of the heterologous tissue, while addition of a stent avoided the risk of cellular ingrowth<sup>13,14</sup>.

The first stented porcine bioprosthesis was implanted 50 years ago in 1969<sup>15</sup>, while later stented bioprostheses made of bovine pericardium became available clinically as the most reliable alternative<sup>16</sup>. Both porcine and stented pericardial bioprostheses acquired ever since worldwide acceptance. This review aims to go through the past 5 decades analyzing the various changes in valve designs and tissue preservation dictated by both clinical and pathological evidence leading to the newest generations of bioprostheses witnessing their impact in the clinical scenario of patients with cardiac valve disease.

### Stented Porcine Bioprostheses

Warren Hancock was the first to understand the importance of making readily available to cardiac surgeons a commercially manufactured bioprosthesis of different sizes. This eliminated all potential drawbacks of home-made tissue valves due to the complexity of construction and lack of quality control of such procedure. The first Hancock porcine bioprostheses, fixed in formaldehyde and mounted on a rigid metallic stent, showed high rates of early failures due to SVD while, occasionally, an extended durability of this PB model was observed<sup>17</sup>. In the manufacture process of Hancock PBs the rigid metallic stent was then replaced with a polypropylene flexible one to reduce mechanical stresses on commissures and cusps, while glutaraldehyde was introduced in tissue processing, fixation and storage to stabilize collagen cross-links and eliminate antigenicity<sup>18</sup>. This new generation of porcine bioprostheses, the Hancock I, was implanted for the first time in March 1970 in a female patient with mitral valve disease<sup>19</sup>. Subsequently this device was employed with increasing frequency worldwide in mitral, aortic and even tricuspid valve position regardless of patient age and valvular pathology. The initial results were extremely gratifying reporting a low incidence of reoperations for SVD and thromboembolic complications at a medium-term follow-up further supporting the initial enthusiasm<sup>20</sup>. Subsequently, other companies started to manufacture different models of porcine bioprostheses; some of them were abandoned quite early while others demonstrated good reliability and were implanted until the more recent years<sup>21,22</sup>.

Some early problems encountered with porcine bioprostheses were related to the excessive height of the

stent which caused fatal left ventricular outflow tract obstruction and left ventricular rupture when used for MVR<sup>23,24</sup>. Such complications were eliminated by a low-profile porcine bioprosthesis which, however, increased the rates of SVD in some models due to commissural dehiscences attributed to the peculiar design<sup>25</sup>.

Another drawback of porcine bioprostheses was considered the suboptimal hemodynamic performance particularly when small sizes were used for AVR. The reason was identified in the rigidity of the right coronary cusp of the pig where an evident muscular band is present. To eliminate this problem, the right aortic cusp was replaced by a normal one taken from another porcine aortic valve, thus modifying the prosthetic orifice. This peculiar device had limited acceptance but reported good durability despite a more complex fabrication procedure<sup>26</sup>.

When follow-up increased, approximating the first decade of clinical use, the number of patients requiring reoperation because of SVD also increased. Many explants were therefore available for detailed pathological evaluation which showed various modes of failure. Tissue mineralization, causing bioprosthetic stenosis or incompetence due to cusp rigidity or commissural rupture secondary to dystrophic calcification, was recognized as the major determinant of SVD<sup>27-29</sup> (Fig. 1). The limited durability emerged as the most significant disadvantage of porcine bioprostheses because of progressive tissue mineralization which was particularly evident and premature in patients prone to tissue calcification as young patients, those with renal failure and pregnant women<sup>30-32</sup>.

To obtain more durable porcine bioprostheses several modifications were introduced; 1) more flexible materials were used for the stents to avoid creeping<sup>33</sup>; 2) more accurate tissue selection was adopted; 3) zero-pressure fixation was used allowing preservation of cusp corrugation and elasticity<sup>34</sup>; and 4) various anticalcification agents were included in tissue treatment with the aim of minimizing and delaying occurrence of SVD. This has provided new generations of porcine bioprostheses some of these have shown excellent durability after mitral or aortic valve replacement with freedom from SVD >90% at 15 and at 20 years respectively<sup>35,36</sup>.

### Stented Pericardial Bioprostheses

The first pericardial xenografts were home-made by Marian Ionescu between 1971 and 1976<sup>37</sup>. Later, Shiley Laboratories produced the Ionescu-Shiley pericardial BP mounting strips of bovine pericardium on a frame to reproduce the trileaflet anatomy of the human aortic valve; pericardium was fixed in 0.5% glutaraldehyde buffered to a pH of 7.4 and the valve then stored in formaldehyde<sup>38</sup>. The first Ionescu-Shiley BP was implanted in 1976 and shortly thereafter also Hancock Laboratories started the



**Figure 1:** (Upper panel) Porcine bioprostheses explanted because of stenosis due to cusp stiffening (*left*) and regurgitation due to cusp tears caused by calcific infiltration (*right*). (Lower panel) Pericardial bioprostheses replaced because of regurgitation due to fatigue-induced commissural tears.

production of a similar pericardial xenograft; although early and short-term results were favourable, mechanical failures started to be observed requiring explantation<sup>39,40</sup>; such failures were caused by mechanical stresses on the cusps and commissures and were attributed to an unsound technology (Figure 1). Structural lesions observed in the original models of pericardial bioprostheses were extremely reproducible also *in vitro* allowing to suggest a classification of such cusp and commissural tears<sup>41</sup>. This was undoubtedly the major drawback of pericardial xenografts since it was soon evident that their hemodynamic performance was clearly superior to that of their porcine counterparts<sup>42</sup>.

Lesson learned from clinical and pathological studies, the latter performed on a considerable number of surgical explants, indicated that modifications in the components of the original models of pericardial bioprostheses were mandatory to eliminate fatigue-induced lesions on the cusps and commissure in order to achieve better long-term durability. This yielded a new generation of pericardial bioprostheses which, by eliminating early mechanical lesions, allowed an increased durability which then became jeopardized by onset of cusp calcification in the long run<sup>43</sup>. However, it has been subsequently demonstrated that avoidance of patient-prosthesis mismatch and the adjunct of anticalcification treatments may increase durability also in pericardial xenografts<sup>44</sup>.

Currently some stented pericardial bioprostheses have successfully responded to the test of time with extended durability over the 15-year limit. Recent reports in fact indicate that in patients >60 years of age actuarial freedom from reoperation is approximately 90% at 15 years after AVR, increasing further in those aged > 70 years<sup>45</sup>.

## Comment

The last five decades have witnessed great changes in the field of bioprosthetic valves. In the past years considerable clinical and pathological experience has been accumulated. Particularly careful analysis of early and late explants has allowed to identify which were the main determinants of SVD in both porcine and pericardial xenografts. Based on these results the subsequent generations of biological prostheses were manufactured by incorporating modifications particularly in design and tissue treatment. Tissue calcification is a process which takes place whenever a homologous or heterologous tissue is inserted into the heart or bloodstream regardless whether it is fresh or chemically treated; calcification generally depends on the site where the tissue is implanted and by the mechanical stresses it is subjected to while exerting its function<sup>46</sup>. For this reason, the introduction of various antiminerallization treatments in bioprosthetic technology has considerably increased durability of both porcine and pericardial valves; among these, the detergent sodium dodecyl sulphate (known as T6) and D-amino-oleic acid have shown to be effective both in experimental animals and in the clinical setting.

It is well known that bioprosthetic durability is influenced by patient age and therefore such devices are still mainly indicated in elderly subjects with a limited life expectancy in the belief that they will not outlive their prosthesis and therefore they will not face the risk of reoperation. Furthermore, chronic anticoagulation is often difficult to manage in this subset, where compliance to such treatment may often be poor. It would be important to lower the age threshold for bioprostheses, considered at present to be at 70-75 years, to extend the benefits of avoidance of chronic anticoagulation and related complications also to a younger patient population yet implanting a durable biological valve substitute.

Considering that both porcine and pericardial bioprostheses have often showed an unsatisfactory hemodynamic performance in the small sizes, stentless bioprostheses have been available since many years especially to be used in patients with aortic stenosis and a small aortic annulus. Porcine stentless valves have been almost abandoned while pericardial stentless bioprostheses still represent an important option in specific patient subsets<sup>47</sup>.

Currently research is testing new technologies such as the use of genetically modified pigs or the development of methods of tissue engineering of cardiac valves to provide even more durable bioprostheses. Furthermore, 3D-printing technology is rapidly developing also in the field of cardiovascular medicine and availability of personalized 3D-printed cardiovascular prostheses may represent a not too far future reality<sup>48</sup>.

## Conclusions

Stented porcine and pericardial bioprostheses still play a very important role in the management of patients with cardiac valve disease. Transcatheter prosthetic valve implantation has rapidly evolved from an experimental and compassionate treatment to an established procedure also in low-risk patients with results paralleling those of traditional surgical valve replacement. Demonstration that bioprosthetic durability can be further extended may allow to considerably decrease the age limit for such devices helping to balance the role of catheter-based interventions which might therefore be reserved at an older age as valve-in-valve procedures in case of bioprosthetic failure.

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